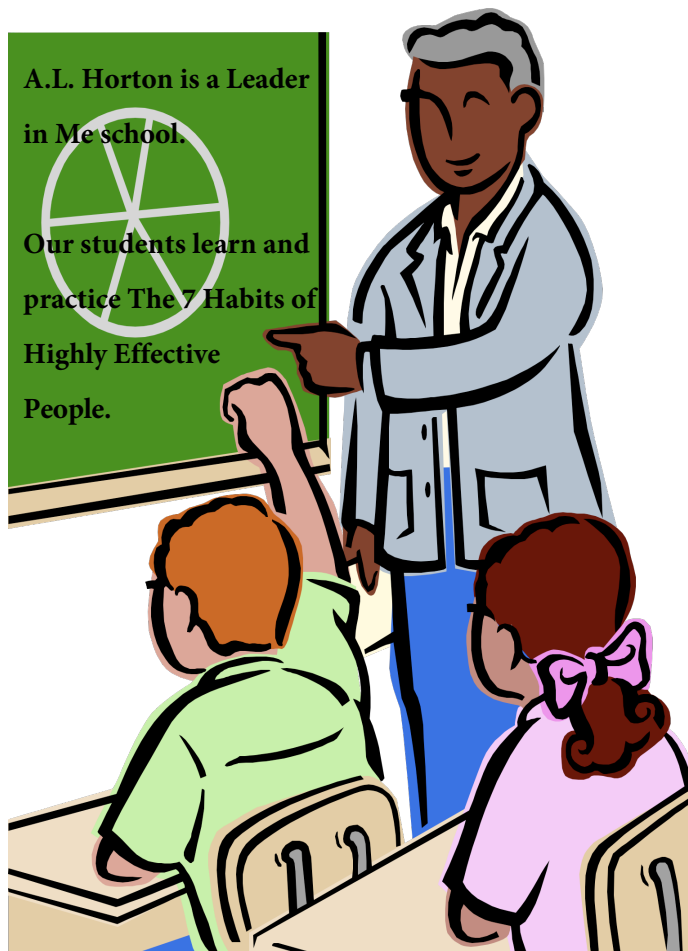


7 Habits

Spotlight
Issue

Habits#1/2

Sept. 2013



Understanding the first two habits...

Habit #1: Be Proactive

When we talk about being proactive, we are talking about taking responsibility and initiative. We know that we should do the right thing, even if no one is watching. Our students learn that they can choose their actions, attitudes and moods. Our older students begin to understand their "circle of control" and our younger students use "stop and think" charts to visualize this habit.

In the classroom, examples of being proactive include keeping your desk organized, turning in your homework, welcoming a new student, and many more.

Habit #2: Begin with the End in Mind

Beginning with the end in mind means having a goal in sight and making a plan to get there. Students work together to make classroom mission statements and look for ways to contribute to their school's success. They understand the importance of being a good citizen and having strong work habits.

In the classroom, this habit is used when learning how to solve multi-step math problems, planning a writing assignment, working through the steps of a long-term project, and more.

At home, talk to your children about how they are using habits #1 and #2 in school. See if there are ways these habits can be used at home as well. An example of habit #1 might be to put away your toys after playing. Children practice habit #2 when they study for a test or help the family make a grocery list.